

ALZV SPRINT CUP 2026: Session: 1: Startlist per athlete for TEAM: RSCM

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Van Den Broeck Maya HEADCOACH

Coaches: Haesen Sebastian

PB => Personal Best time

Athlete: AVONTS ILENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	6	1	00:38.56	no time	14:09 00:33
50M BACKSTROKE WOMEN 11+	5	1	2	no time	no time	14:42 00:55
50M BREASTSTROKE WOMEN 11+	8	1	4	00:52.10	no time	15:37 00:46
50M FREESTYLE WOMEN 11+	11	3	3	00:35.71	no time	16:23

Athlete: CLAESSENS LARS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	7	5	00:39.89	no time	14:28 00:43
50M BACKSTROKE MEN 11+	6	4	5	no time	no time	15:11 00:46
50M BREASTSTROKE MEN 11+	9	2	5	00:51.67	no time	15:57 00:39
50M FREESTYLE MEN 11+	12	1	5	00:36.60	no time	16:36

Athlete: COOREMAN ANNA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MIXED 10-9	1	1	2	no time	no time	14:00 01:36
50M BREASTSTROKE MIXED 10-9	7	1	3	no time	no time	15:36

Athlete: COOREMAN VIKTOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	8	5	00:37.89	00:45.66	14:29 00:40
50M BACKSTROKE MEN 11+	6	3	5	no time	00:45.47	15:09 00:46
50M BREASTSTROKE MEN 11+	9	1	3	00:39.33	00:44.28	15:55 00:51
50M FREESTYLE MEN 11+	12	10	2	00:31.64	00:36.94	16:46

Athlete: DE MAERSCHALCK BILL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	18	1	00:28.16	00:30.33	14:39 00:27
50M BACKSTROKE MEN 11+	6	1	5	00:34.93	00:32.25	15:06 00:51
50M BREASTSTROKE MEN 11+	9	2	3	00:39.27	00:40.96	15:57 00:39
50M FREESTYLE MEN 11+	12	1	4	00:28.16	00:28.02	16:36

Athlete: DE MAERSCHALCK POL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	14	3	00:31.93	no time	14:35

ALZV SPRINT CUP 2026: Session: 1: Startlist per athlete for TEAM: RSCM00:36

50M BACKSTROKE MEN 11+	6	4	4	no time	00:37.57	15:11	01:02
50M BREASTSTROKE MEN 11+	9	15	1	00:36.77	no time	16:13	00:37
50M FREESTYLE MEN 11+	12	14	4	00:28.72	00:30.24	16:50	

Athlete: GEENTJENS KOBE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY MEN 11+	3	15	5	00:31.79	no time	14:36	00:31
50M BACKSTROKE MEN 11+	6	2	4	00:37.38	no time	15:07	01:08
50M BREASTSTROKE MEN 11+	9	17	1	00:34.35	no time	16:15	00:36
50M FREESTYLE MEN 11+	12	15	5	00:28.43	no time	16:51	

Athlete: GEENTJENS WOUT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BACKSTROKE MEN 11+	6	3	4	no time	no time	15:09	01:27
50M FREESTYLE MEN 11+	12	1	3	no time	no time	16:36	

Athlete: LAUWERS KAMIEL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY MEN 11+	3	8	4	00:37.74	no time	14:29	00:40
50M BACKSTROKE MEN 11+	6	3	3	00:45.09	no time	15:09	00:46
50M BREASTSTROKE MEN 11+	9	1	2	00:43.09	no time	15:55	00:42
50M FREESTYLE MEN 11+	12	2	2	00:36.66	no time	16:37	

Athlete: LAUWERS RUBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY MEN 11+	3	11	4	00:34.76	no time	14:32	00:39
50M BACKSTROKE MEN 11+	6	4	2	00:36.66	no time	15:11	00:46
50M BREASTSTROKE MEN 11+	9	2	1	00:36.17	no time	15:57	00:39
50M FREESTYLE MEN 11+	12	1	2	00:31.97	no time	16:36	

Athlete: MEERBERGEN FLO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY WOMEN 11+	2	2	4	00:47.44	no time	14:05	00:39
50M BACKSTROKE WOMEN 11+	5	2	1	00:46.06	no time	14:44	00:58
50M BREASTSTROKE WOMEN 11+	8	4	5	00:47.51	no time	15:42	00:39
50M FREESTYLE WOMEN 11+	11	1	3	00:38.74	no time	16:21	

Athlete: NAERT MATHIS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BACKSTROKE MIXED 10-9	4	1	3	no time	no time	14:41	

ALZV SPRINT CUP 2026: Session: 1: Startlist per athlete for TEAM: RSCM1:37

50M FREESTYLE MIXED 10-9	10	1	5	no time	no time	16:18
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Athlete: PROVOST OSCAR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	2	5	00:57.29	no time	14:21 00:50
50M BACKSTROKE MEN 11+	6	4	1	no time	no time	15:11 01:26
50M FREESTYLE MEN 11+	12	2	4	00:39.63	no time	16:37

Athlete: PROVOST VIKTOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	5	4	00:42.02	no time	14:25 00:44
50M BACKSTROKE MEN 11+	6	3	1	00:43.33	no time	15:09 00:46
50M BREASTSTROKE MEN 11+	9	1	4	no time	no time	15:55 00:47
50M FREESTYLE MEN 11+	12	6	4	00:34.26	no time	16:42

Athlete: STERCKX WARRE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	5	1	00:43.03	no time	14:25 00:44
50M BACKSTROKE MEN 11+	6	3	2	no time	no time	15:09 00:54
50M BREASTSTROKE MEN 11+	9	7	4	00:45.82	no time	16:03 00:40
50M FREESTYLE MEN 11+	12	7	1	00:34.20	no time	16:43

Athlete: UNTUNG SEVRYN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	3	2	00:48.02	no time	14:23 00:44
50M BACKSTROKE MEN 11+	6	2	3	00:48.35	no time	15:07 00:55
50M BREASTSTROKE MEN 11+	9	6	4	00:47.00	no time	16:02 00:36
50M FREESTYLE MEN 11+	12	3	5	00:39.42	no time	16:38

Athlete: VAN BEYLEN FLORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	3	2	00:42.10	no time	14:06 00:38
50M BACKSTROKE WOMEN 11+	5	2	4	no time	no time	14:44 01:04
50M BREASTSTROKE WOMEN 11+	8	9	3	00:41.11	no time	15:48 00:38
50M FREESTYLE WOMEN 11+	11	6	3	00:33.00	no time	16:26

Athlete: VAN DEN WYNGAERT AXL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	4	3	00:43.22	no time	14:24 00:42
50M BACKSTROKE MEN 11+	6	1	3	00:48.84	no time	15:06

ALZV SPRINT CUP 2026: Session: 1: Startlist per athlete for TEAM: RSCM00:52

50M BREASTSTROKE MEN 11+	9	3	1	no time	no time	15:58	00:44
50M FREESTYLE MEN 11+	12	6	1	00:34.85	no time	16:42	

Athlete: VAN LENT DAMAN SAM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
50M BUTTERFLY MEN 11+	3	1	2	no time	no time	14:20	00:46
50M BACKSTROKE MEN 11+	6	1	4	no time	no time	15:06	00:51
50M BREASTSTROKE MEN 11+	9	2	2	00:48.31	no time	15:57	00:47
50M FREESTYLE MEN 11+	12	8	4	00:33.26	no time	16:44	